

CHAKRA LAVA AND SEMI-PRECIOUS BEAD BRACELET WORKSHOP

The Creativity Curator
KITCHEN TABLE ART WORKSHOP
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*asterisks refer to images below

WORKSPACE:

A comfortable, well-lit, table / work area that includes a fabric mat on top of a tray or plate that has raised sides, so your beads will not roll away. Alternatively use a beading board*.

TOOLS & MATERIALS:

Kit contents:

- stretch cord
- 2 big eye needles
- 7 – 8 mm stones that represent the colors of the chakras.
- 14 – 8 mm lava beads
- 2 spacer beads (pewter) 7 mm
- 1 large hole bead (pewter) size 7 mm
- roll on bottle containing essential oil in a carrier oil

Please gather these additional items to complete your kit -:

- Glue – GS hypo cement with needle / syringe tip* sold at local craft stores and online. You can use another brand glue that is suitable for stretch cord (plastic / nylon) and use a toothpick to apply it.
- Fabric mat and tray or bead board*
- Scissors or snips*

- Ruler
- 1-2 bead stops* sold at local craft stores and online. Alternatives: small rubber or metal washer or repositionable tape, such as, painters' tape or washi tape that you can wrap around the stretch cord and remove.
- Optional - magnifier glass or glasses
- Optional – small lightweight pliers (needle nose or nylon tipped) *

If you are building your own kit you will need these items:

- 21 beads. You may use any size or color bead. For the chakra lava bead bracelet, we will be using 7 semi-precious stones and 14 lava beads. The size bead we will be using is 8 mm. Here is a list of chakra colors and corresponding semi-precious gemstone beads that are often used for the chakra design:
 - 1 Red or Black - red jade or red jasper; black jasper, tourmaline, rutile quartz
 - 1 Orange - carnelian or tiger's eye
 - 1 Yellow - yellow jade or calcite
 - 1 green or pink – aventurine or
 - 1 Blue – turquoise or sodalite or blue agate
 - 1 Indigo or clear – lapis or quartz
 - 1 violet / purple - amethyst
 - 14 lava beads, lava beads come in black, brown, and gray
 - 2 spacer beads, for the demo we are using flat 7 mm pewter spacer beads
 - 1 large hole bead, for the demo we are using a 7 mm pewter tube
- 22" plus of .5 mm stretch cord
- Needle – big eye beading needle or large eye. A regular sewing needle can be used, but will not be as flexible as a beading needle
- Essential oil mixed with a carrier oil.
- Glue – GS hypo cement with needle / syringe tip applicator* sold at local craft stores and online. You can use another glue that is suitable for plastic and stone with a toothpick to apply it, but GS hypo is the most used glue for beading
- Scissors or fine detail multipurpose snips*

- Lightweight pliers to pull the needle through when needed*
- 1-2 bead stops* sold at local craft stores and online. Alternatives: small rubber or metal washer or repositionable tape like painter’s tape or washi tape that you can wrap around cord and remove.
- Optional - magnifier glass or glasses

Reference Images – Tool Samples

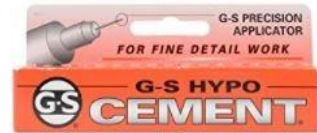
Needle nose pliers



Nylon tipped pliers



GS Hypo cement



Bead stopper



Multipurpose detail snips



Jewelry wire cutters
(or snips)

